



# JAMAICA METHODIST DISTRICT COVID- 19 BULLETIN #5

March 15, 2020

**To: ALL LEADERS, METHODIST MEMBERS AND ADHERENTS**  
**FROM: BISHOP, CHRISTINE GOODEN BENGUCHE**  
**DATE: MARCH 15, 2020**

Members and Friends:

Greetings:

In the midst of all the fears, questions and challenges of Covid-19; I remind us as a people of faith that there is still a God who is in charge of this universe and who holds the reigns of this world. Long before Corona, he existed and he will be when other deadly pestilences of the future swarm our land.

In an effort to survive there have been unfortunate occurrences across the globe: hoarding of goods, conflicts for simple products such as tissue paper among others. God reminds us that we have not been left alone. In addition to all the measures that we are taking, I am calling us as a church to prayer.

Let us enter into **14 days initially of prayer commencing March 15th, 2020**. Each day, each one of us, let us look to the hills from where our help comes.

- Pray in relation to Covid-19
- pray for health workers & their families
- pray for the elderly and most vulnerable
- pray for children and youth
- pray that God will arrest this scourge around our globe
- pray as the spirit leads
- pray for the Church, the nation & the world

As we continue to respond to the COVID-19 pandemic we will have need to change advisories frequently because the situation changes rapidly from one hour to the next. However the following reminders are resent as reminders:

- Remain at home as much as possible. Avoid congregating as much as possible.

- If you have a respiratory illness, stay home and reduce contact with other people. Do not immediately go to the hospital. Call the health hotline at:

**888-ONE-LOVE (663-5683)**

**888-754-7792**

**876-542-5998**

**876-542-6007**

**876-542- 6006**

**876-542-5998**

Or email the health hotline at [covid19@moh.gov.jm](mailto:covid19@moh.gov.jm)  
[jacovid19facts@gmail.com](mailto:jacovid19facts@gmail.com).

- While at home if you are ill, take lots of water and get lots of rest.
- If symptoms gets worse, and if you are unable to make contact with the health hotline, please go to the nearest hospital and share your travel and contact history.
- We encourage the most vulnerable, those with pre-existing conditions, etc, to stay at home.

The Ministry of Health has not discouraged the conduct of worship and funeral services at this time, however we ask that those who are most vulnerable and with pre-existing conditions to remain at home.

Members of the clergy, please keep members abreast of updates. Please ensure that all bulletins are shared. Kindly post them on sites available to your members or printed for those who have no access to social media. Begin to think of creative ways via WhattsApp, Skype, print, live stream to make your worship services available.

SMS (text message service), labeled "JM District" will be used as of Monday March 16, 2020 to communicate brief updates.

Each Circuit is advised to have its own communication and disaster response teams if not already in place.

Remember, God is in control. Trust in Him. Pray for God's guidance always.