



# Jamaica Methodist District

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March 11, 2020

My Dear Brothers and Sisters,

The Peace of the Lord be with you.

I greet you in this period of Lent as we contemplate the quality of our witness and resolve to live more Christ like lives.

These are serious times. A case of the dreaded Corona COVID-19 virus has been detected in Jamaica, thus it behoves us to be intentional in our approach to dealing with prevention. I am asking you to pay keen attention to the various directives and bulletins published by the Ministry of Health and the International organizations (PAHO) and (WHO).

We must observe the established protocols such as:

- Frequently washing our hands using soap and water or an alcohol-based hand sanitizer if soap and water is not available
- When coughing and sneezing cover mouth and nose with flexed elbow or tissue. Throw tissue away immediately and wash hands.
- Avoid close contact with anyone who is coughing sneezing or has a fever.
- If you have fever, cough and difficulty breathing seek medical care early, and share previous travel history with your health care provider.
- Stay home if you are feeling sick.

We ask God's guidance as we face this new threat and I pray that we will not allow fear to overcome us. We are admonished by Paul :*"For God has not given us a spirit of fear, but of power and of love and of a sound mind."* ~ [2 Timothy 1:7](#)

So as we pray for our brothers and sisters worldwide who have been affected by this scourge we look forward to the dawn of a new day, when this crisis will be behind us.

Unfortunately I have to suggest that we refrain from hugging and from any close contact with each other at Church as we normally do when passing the peace or singing our fellowship songs. Until this is over please greet each other in love without the close contact.

As more information becomes available I will advise you regarding our ability to assemble or other pertinent matters.

Yours in Christ.

## METHODIST CHURCH IN THE CARIBBEAN AND THE AMERICAS

### CONNEXIONAL BISHOP

Rev'd Everal Galbraith,  
MTS, B.A., Dip. Min

### JAMAICA DISTRICT

#### DISTRICT BISHOP

Rev'd Christine Gooden Benguche  
M. A., BA., Dip. Min., Dip Tchg

#### DISTRICT CONFERENCE SECRETARY

Rev'd Dr. Wayneford McFarlane  
D. Min, B.A., Dip Min.,

#### DISTRICT TREASURER

Dr. Hopeton Morrison, D.B.A.

## CIRCUITS

Annotto Bay  
Beechamville/Bensonton  
Brown's Town/Edmondson  
Coke  
Duncans  
East Kingston  
Falmouth  
Frankfield  
Grateful Hill  
Lucea  
Lyndhurst  
Manchester  
Manchioneal  
May Pen  
Montego Bay/ Mt. Ward  
Mount Fletcher  
Ocho Rios  
Port Antonio  
Portmore  
Providence  
Savanna la mar  
Spanish Town  
St. Ann's Bay  
St. Elizabeth  
St. Thomas  
Watsonville  
Western St. Andrew

### Districts of the Methodist Church in the Caribbean and the Americas:

Bahamas/Turks & Caicos\*, Belize/Honduras\* Guyana\* Haiti\* Jamaica\* Leeward Islands\*  
Panama/Costa Rica\* South Caribbean