



## **GUIDE TO CELEBRATION OF THE SACRAMENT OF THE LORD'S SUPPER/HOLY COMMUNION AT HOME**

We are in an unusual situation where the church buildings are not available for worship. In so far as the sacrament of the Lord's Supper is concerned, if we are to observe it as often as we can so as to proclaim Christ's second coming, we must do it in our homes. This in effect means that as members of the Body of Christ, when we are in our homes we are "in church" because we are the church.

The Lord's Table, around which we kneel in church, will have a substitute in our homes. It could be the dining table, a living room table or any small table. To emphasize it being special, we may cover it with a white cloth. Then we place the symbols of bread and "wine" (= grape juice, cran water or plain water).

We need to pause to give thanks and pray God's blessings that the bread may be for us the body of Christ and the drink the blood of Christ. It will help if part of the communion liturgy (as per Prayer Book) is used either the full service (page 76-80) or the liturgy for home communion (93-96). A member of the family will lead, but if following an "online" worship service, then those assembled will follow the on screen instructions of the officiant.

The Prayer of Humble Access is said by everyone. Then reverently, each communicant will participate in the sacrament. The practice of home communions is in keeping with theological understanding that Christ's real presence is assured when the faithful reenact the Lord's Supper in His memory.

**You may also follow a visual guide on YouTube:** <https://www.youtube.com/watch?v=LsDhQbC-tf8>

**Prepared by Rev'd Dr. George Mulrain** (*April 2020*) for use during the restrictions on public worship during the COVID-19 Pandemic.